

# BREAKFAST



MANGROVE



@MangroveJoburg

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# LIGHT BREAKFAST

Mangrove Roots

(Served until 12 noon)



(V) <b>SCONE</b> Served with butter and @NomNomsFoods handcrafted jam	<b>15</b>	<b>MORNING ROLL</b> Toasted sesame bun, bacon, egg and cheese with rocket and siracha mayo	<b>55</b>
(V) <b>MUFFIN OF THE DAY</b>	<b>15</b>	(V) <b>BREKKIE WRAP</b> A softened roti rolled with egg, bacon (or tofu), cheese and spinach	<b>60</b>
(V) <b>MABELE</b> Plain or sour, served with fruit and sugar syrup	<b>20</b>	(V) <b>OMELETTE</b> Fluffy eggs whisked with cream and chives stuffed with cheese and your favourite toppings (choose two from extras list), served with a slice of toast	<b>60</b>
(V) <b>OATS</b> Served with fruit and @NativeNosi honey	<b>20</b>	(V) <b>DIPPED IN GOLD</b> <b>Sweet:</b> egg toasted slices with cinnamon, cream and a strawberry compote <b>Savoury:</b> egg toasted slices with bacon, cheese and maple syrup on the side	<b>50</b>
(V) <b>FRESH START</b> A selection of seasonal fresh seasonal fruit and a honey lime juice	<b>40</b>	(V) <b>JUST PANCAKES</b> <b>Sweet:</b> fluffy pancakes served with golden syrup, berry compote and fresh strawberries <b>Savoury:</b> fluffy pancakes served with crispy bacon, melted cheese and golden syrup	<b>50</b>
(V) <b>HOMEMADE GRANOLA</b> With fresh fruit selection, strawberry or plain yoghurt, berry compote or @NativeNosi honey, toasted coconut flakes and roasted nuts	<b>45</b>	<b>CHILLI BOI</b> Toasted sliced ciabatta or rye, topped with chilli beef mince, a fried egg and seasonal micro greens	<b>75</b>
(V) <b>SKRRR SKRRR SARMIE</b> 2 toasted slices of ciabatta with smashed avo, peppadews and cracked pepper <i>(Add eggs for R10 each)</i>	<b>48</b>		
<b>SUNNY SIMONE</b> A classic goodie of two eggs, toast and 2 rashers of bacon	<b>40</b>		

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A 10% service charge will automatically be added for groups of 10 or more



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# SIGNATURE BREAKFAST

Mangrove Roots

(Served until 12 noon)

(V) <b>HANGOVER MZALA</b> Ciabatta loaf filled with spicy mince (or lentils), cheese, eggs, topped with avo puree and salsa – made to share (or not!)	<b>125</b>	(V) <b>THE BRAAM BENEDICT</b> A dumpling muffin, poached egg, smoked trout (or oyster mushrooms), wilted greens, and hollandaise sauce	<b>110</b>
(V) <b>SHAKA SHAKSHUKA</b> Baked eggs in a tomato relish, wilted mfino, roti and pickled cucumber salsa	<b>95</b>	<b>SMALLANYANA STEAK WITH EGG</b> 100g sirloin steak grilled to perfection and basted with our secret sauce, served with an egg, our crispy patatas and a grilled tomato	<b>100</b>
<b>JOZI FRY UP</b> (V) 2 Eggs, 3 bacon rashers and a sausage (or giant fried mushrooms), rosemary tomatoes, mushroom, fries and toast	<b>75</b>		

## EXTRAS

BUTTER & THYME MUSHROOMS	<b>15</b>	FRIES	<b>15</b>
FRIED ONION & POTATO MEDLEY	<b>12</b>	EGG	<b>10</b>
AVOCADO	<b>18</b>	BACK BACON	<b>16</b>
PEPPERS	<b>10</b>	BEEF WORS	<b>15</b>
RED SAUCE	<b>8</b>	CHILLI BEEF MINCE	<b>20</b>
BAKED BEANS	<b>8</b>	100G BEEF PATTY	<b>25</b>
TOAST / ROTI	<b>10</b>		

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